



FURTHER INFORMATION

The following web links contain helpful information about pregnancy care:

“Having a baby in Victoria” website:

www.health.vic.gov.au/maternity

3 Centres guidelines for tests in pregnancy: www.3centres.com.au



OUR CONTACT DETAILS

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ANTENATAL
CARE
for your
pregnancy



ANTENATAL CARE

Congratulations on the diagnosis of your pregnancy! Mildura O&G Clinic provides high quality personalised antenatal care to women in Sunraysia, with a focus on our team approach with doctors and midwives.



Following confirmation of your pregnancy by your GP, you will be referred for your first antenatal visit at our clinic. This is best arranged for 8-10 weeks gestation. At this visit an ultrasound will usually be performed to confirm an ongoing pregnancy and accurate dates. Antenatal blood tests will then be arranged.

The following tests are performed, as recommended by the "3 Centres" collaboration:

- Blood group and antibodies
- Serology for Rubella, HepB/C, syphilis, HIV, Vitamin D
- Full blood examination
- MSU

Screening for Down syndrome and other chromosomal disorders is offered using combined first trimester screening.

Midwife Team Care

We are pleased to offer antenatal care with a midwife for women with uncomplicated pregnancies. The first visit will usually be a combined appointment with doctor and midwife, to assess your individual situation and plan for your care.

Subsequent visits will be conducted with the midwife, with additional visits with a doctor as indicated. This will provide a high level of continuity of care during your pregnancy. We aim to provide a team approach to your pregnancy to fully address all issues in your antenatal care and preparation for parenthood.

Patients with a high-risk pregnancy or where complications arise will be seen by a doctor for their pregnancy care.



Mildura O&G Team

Dr Kimberley Sleeman, O&G Specialist
Dr Nicole Edge, O&G Specialist
Dr Erin Kelly, GP Obstetrician
Midwives: **Sally, Greta**

Other tests during your pregnancy

Ultrasound scan 19-20 weeks: a detailed assessment of fetal anatomy and placental position is performed to exclude any significant abnormality (performed externally).

28 weeks: Blood test to exclude gestational diabetes (glucose challenge test), check full blood count and antibodies.

Antenatal prophylaxis for Rh Negative women has now been implemented. Rh Negative women (with no antibodies) will be given and prophylactic injection of anti-D at 28 and 34 weeks gestation to prevent antenatal isoimmunisation. A patient information brochure about this program is available.

36-37weeks: Swab test for detection of Group B streptococcus. This allows identification of GBS carriers, who can be treated with antibiotics during labour to reduce the risk of neonatal GBS infection.